

1 **3415P STUDENTS**

2

3 Management of Sports Related Concussions

4 **A. Athletic Director or Administrator in Charge of Athletic Duties:**

5 1. Updating: Each spring, the athletic director, or the administrator in charge of athletics if
6 there is no athletic director, shall review any changes that have been made in procedures
7 required for concussion and head injury management or other serious injury by consulting
8 with the MHSAs or the MHSAs Web site, U.S. DPHHS, and CDCP web site. If there are any
9 updated procedures, they will be adopted and used for the upcoming school year.

10 2. Identified Sports: Identified sports include all organized youth athletic activity sponsored by
11 the school or school district.

12 **B. Training:**

13 All coaches, athletic trainers, and officials, including volunteers shall undergo training in head
14 injury and concussion management at least once each school year by one of the following means:

15 1. through viewing the MHSAs sport-specific rules clinic;

16 2. through viewing the MHSAs concussion clinic found on the MHSAs Sports Medicine page
17 at www.mhsa.org; or by the district inviting the participation of appropriate advocacy groups
18 and appropriate sports governing bodies to facilitate the training requirements.

19 **C. Parent Information Sheet:**

20 On a yearly basis, a concussion and head injury information sheet shall be distributed to the
21 student-athlete and the athlete's parent and/or guardian prior to the student-athlete's initial
22 practice or competition. This information sheet may be incorporated into the parent permission
23 sheet which allows students to participate in extracurricular athletics and should include resources
24 found on the MHSAs Sports Medicine page at www.mhsa.org, U.S. DPHHS, and CDCP websites.

25 **D. Responsibility:**

26

27 An athletic trainer, coach, or official shall immediately remove from play, practice, tryouts,
28 training exercises, preparation for an athletic game, or sport camp a student-athlete who is
29 suspected of sustaining a concussion or head injury or other serious injury.

30 **E. Return to Play After Concussion or Head Injury:**

31 In accordance with MHSAs Return to Play Rules and Regulations and The Dylan Steigers Protection
32 of Youth Athletes Act a student athlete who has been removed from play, practice, tryouts,
33 training exercises, preparation for an athletic game, or sport camp may not return until the athlete
34 is cleared by a licensed health care professional who specializes in concussion management and
35 is under contract with the school district. This certified health care provider may be a volunteer.

36 **Policy History:**

37 Adopted on: March 14, 2016

38 Reviewed on:

39 Revised on: