

# Cascade County Health and Wellness Fair



## One Stop Health and Wellness Education for All



**March 26, 2011**

**10:00 am – 3:00 p.m.**

MSU – Great Falls

College of Technology

2100 16th Avenue South

### **The Health Fair has a new look this year.**

- 80 vendors bringing the latest education about Health and Wellness
- City County Health is providing immunizations for children and free HIV testing and counseling. Bring your insurance card or Medicaid card
- Health screenings provided for all ages
- The MSU – Great Falls is providing presentations of the hospital simulation classroom.
- Visit the Children's Health Fair area for information about nutrition and fitness in and enjoy the games and activities
- Senior Citizen health issues including housing, safety and support groups
- We will be hosting nine speakers and demonstrations on the stage in Heritage Hall
- Door prizes including healthy baskets, dog obedience classes, gift certificates for services, logo wear, a children's bike and much more to be given away hourly
- Nutritious lunch available at the MSU – Great Falls cafeteria
- Come and enjoy and learn.

For further information contact MSU Extension 454-6980

**We hope see you at the Health Fair.**