

**PARIS GIBSON EDUCATION CENTER FITNESS CENTER SUMMER SCHEDULE**

**STARTING THE WEEK OF JUNE 7 THROUGH AUGUST 14, 2010**

**MONDAY – THURSDAY**

6 AM – 10 AM  
3:30 PM – 6:30 PM

**FRIDAY**

6 AM – 10 AM

**CLASS SCHEDULES**

**ZUMBA** – These classes will be held either in the Cafeteria or Gym  
**Instructor is April Barber**

**TUESDAY – 10 AM – 11 AM**

**THURSDAY – 10 AM – 11 AM**

**YOGA** – These classes will be held in the Cafeteria or Gym  
**Instructor is Sandra Schwartz**

**MONDAY – 5:15 PM – 6:15 PM**

**WEDNESDAY – 9 AM – 10 AM**

**NEW SUMMER ZUMBA CLASS**

**Instructor is Rachel Chigas**

**STARTING JUNE 21 THRU JULY 28, 2010**

**North Middle School – Cafeteria, Mondays and Wednesdays,**  
**from 2:30 pm – 3:30 pm**

**NEW SUMMER CIRCUIT TRAINING CLASS**

**Instructor Laurie Roberts**

**STARTING JUNE 28 THRU AUGUST 18, 2010**

**Paris Gibson Fitness Center – Mondays and Wednesdays from**  
**9:00 am – 10:00 am**

**FITNESS CENTER WILL BE CLOSED AND CLASSES CANCELLED ON HOLIDAYS**